

Antioxidant Activity of Some Fluids Extracts of Indigenous Wild Cherry Fruits

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Abstract

The paper presents un study regarding the comparative total antioxidant capacity of some fluids extracts of the soluble lipid compounds of *Cerasus avium* (L.) Moench. syn. *Prunus avium* (L.) var. *sylvestris* Ser fruits, popular named wild cherry, species undertaken aiming at exploiting the nutrient profiles and promoting the further development of these indigen phytopharmaceutical resources. For analysis, the photo-chemiluminescence method, ACL procedure, Analytik Jena AG, by comparing with the standard Trolox® solution, was used. Wild cherry fruits fluid extracts analyzed emphasize an increased total antioxidative capacity which may be attributed to the high level content of polyphenolic compounds and minerals content which sustains the possibility to use this valuable vegetal product for nutraceutical or comeceutical preparations.

Keywords: wild cherry, fruits, fluid extract, total antioxidant activity

Introduction

The name of the plant *Cerasus avium* (L.) Moench. syn. *Prunus avium* (L.), popular known as wild cherry or bitter cherry, derives from the city name Cerasus on the shores of the Black Sea in Asia Minor (today Kerasun), from where the plant, in 74 BC, was brought to Europe by Locullus. Was also the name of the cherry at Columella indigenous tree, microphanerophyte - megaphanerophyte, spontaneous and cultivated, with food, industrial, medicinal importance. Phytocenological, wild variety, Carpinion, Querco-Beech, widespread in Europe, Asia Minor, North Africa, the Caucasus Mountains, Turkmenistan, from where it spread to all continents. The cherry (*Cerasus avium*) has the following varieties: *sylvestris* Ser., wild cherry, with small fruits, up to 1 cm in diameter, black, slightly juicy, sweet-bitter and early ripening; *juliana* (L.) Pojarkova, ispas cherries, with medium fruits, soft pulp, early and medium ripening; *duracina* (L.) Pojarkova, *stony cherries*, with large fruits, hard, stony pulp, slightly juicy and late ripening. Most of the varieties are derived from these three botanical varieties [1 - 6]. In Romania, wild cherry with the varieties Amar Maxut and Amar Galata [6], are considered in literature as having the center of origin in Northern Moldova, but also it was acclimatised in Dobrudjia.

Numerous studies have proven that vegetal compounds originated from plants or fruits possess a high spectrum of biological activity. However, polyphenolic extracts (e.g. flavonoids, anthocyanin, tannins etc.), despite having excellent in vitro bioactivity, sometime present a decreased action in vivo due to their improper molecular size, resulting in an absorption and bioavailability decreased. Moreover, the efficacy of natural polyphenols depends on preserving the stability, bioactivity and bioavailability of the active compounds [7, 8].

Cherry fruits are considered nutritional products for humans. They are consumed fresh, dried or in preparations such as: compote, tea, jams, marmalade, etc. From the fruits are obtained juices, candied fruits, ice cream or various assortments of yogurts, liqueurs or cakes. Fruits contain fiber, water, vitamins A, B1, B2, B3, B5, B6, B9, C, E, carotene, minerals (iron, calcium, phosphorus, chlorine, sulfur, magnesium, potassium), trace elements (zinc, copper, manganese, cobalt) and sugar in the form of levulose which can also be assimilated by diabetics. Cherry tails contain potassium salts, catechic tannins and flavonoids. Also, cherries contain protein, lipids, carbohydrates (of which glucose, fructose, sucrose and pectins). Organic acids are represented by: malic acid, citric acid, chlorogenic acid, ferulic acid, caffeic acid, p-coumaric acid and oxalic acid [9, 10]. Cherries are powerful antioxidants, being rich in ascorbic acid, nicotinamide, tocopherol, pantothenic acid, pyridoxine, riboflavin, thiamine, as well as small amounts of biotin and folic acid [11, 12]. The content of mineral substances is relatively increased, such as potassium, phosphorus, calcium, magnesium, fluorine, sodium and zinc were determined in tissue [13, 14]. The anthocyanin content of fruits varies for dark-colored varieties compared with light varieties. All dark-colored varieties contain higher amounts of cyanidin-3-rutinoside

and cyanidin-3-glucoside and lower amounts of pelargonidin-3-rutinoside than light-colored varieties [15-18].

Cerasus avium (syn. *Prunus avium*) Moench. species, wild cherry, are often used in popular medicine most due to its content in polyphenolic acids with great antioxidative capacity mainly useful in anti – inflammatory diseases, hypoglycemic activities, tonic action due to their synergistic action. For medicinal purposes, the fruits stalk are used for the content in flavonoids. The main components of the peduncles are: tannins, catechins, saponins, proanthocyanidols and minerals (potassium salts) [14-18]. Flavones are represented by quercetol, genistein, dihydrovogonin and naringenol [19-23]. Due to its flavonoid, C and E vitamins, oligoelements content known for their antioxidant activity, the raw material expressed as fresh wild cherry fruits, will be studied to establish their antioxidant capacity and therapeutically potential [24-30]. With rich content in vitamins, minerals, polyphenols, carotenoids and many other compounds, *Cerasus avium* (syn. *Prunus avium*) Moench. fruits extracts, may be useful as an adjuvant in the treatment or in preventing many diseases which arise from oxidative stress action of free radicals [31, 32].

The aim of this paper was to determined the total antioxidant capacity of some fluids extracts of the soluble lipid compounds of *Cerasus avium* (L.) Moench. syn. *Prunus avium* (L.) var. *sylvestris* Ser, wild cherry fruits [33-35], aiming at exploiting the nutrient profiles and promoting the further development of these indigen phytopharmaceutical resources in some new nutraceuticals, in order to promote their phyto-therapeutic potential in hepato-digestive disorders [36-37].



Figure. 1. *Cerasus avium* (L.) Moench. syn. *Prunus avium* (L.) var. *sylvestris* Ser, wild cherry fruits

Material and Methods

The vegetal product represented by the mature drupes, without seeds of the wild cherry fruits (Fig. 2), was collected from Romania, Dobrudjia area, Constanta county, in the period of July 2018 – July 2019.

- *Sample preparation*: 0,5 g, respectively 5 g of fresh vegetal product were extracted with 50 mL ethanol 40%, 70%, 96% concentration, by cold maceration for 10 days. It was kept in the dark with periodic stirring. Extractive solution obtained was filtered on quantitative Whatman filter paper and 100 mL volumetric flask was filled in to the mark with ethanol sol. 40%, 70%, respectively 96% concentration. Due to the increased values of concentration (*TEAC*), which exceed Trolox standard calibration curve, respectively the detection limit, for the working solution, all stock solutions of extracts were diluted with 50 mL of ethanol 40%, 70%, respectively 96% concentration, molar ratio 1:2. From the diluted solutions, were taken work volumes of 5 μ L, for all samples.



Figure. 2. Mature drupes wild cherry fruits



Figure. 3. Photochemiluminometer Photochem, Analytik Jena AG, Germany

Antioxidant activity by photochemiluminescence method

Evaluation of total antioxidant activity of hydro-alcoholic extract of *Cerasus avium* fruits was performed through photochemiluminescence method, determining the Antioxidant Capacity of Lipid soluble substances (ACL), according to Analytik Jena procedure, using photochemiluminometer PHOTOCHEM, Analytik Jena AG, Germany, coupled to a PC.

Total antioxidant activity was quantified by comparison with Trolox® standard solution, Hoffman-LaRoche's trade name for 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid, a water-soluble derivative of vitamin E. It is an antioxidant used in biological or biochemical applications to reduce oxidative stress or free radicals damage. External light source is mercury lamp covered with phosphorus, which ensure maximum power at $\lambda = 351$ nm and the source of free radicals is luminol (5-amino-2, 3-dihydro-1,4-phthalazinedione). The measuring signal produced by the luminescence is traced over 120 sec., [38, 39].

Calibration curve of Trolox standard was done by measuring 4 solutions of 0.5, 1.0, 2.0, 3.0 nmol of standard Trolox® (Fig. 4) and samples measurements (Fig. 5) were

performed according to the standard protocol of the ACL method, Analytik Jena AG, using volumes according to the scheme below (Table 2).

Reagent R₁ - methanol p.a.;

Reagent R₂ – buffer solution;

Reagent R₃ - photosensitizing reagent and free radical detection reagent;

Reagent R₄ – calibration standard (Trolox), for antioxidant quantification of lipid-soluble substances.

Table 2. Working procedure, Analytik Jena AG

Measurement	Volum reagent R ₁ (μL)	Volum reagent R ₂ (μL)	Volum reagent R ₃ (μL)	Volum reagent R ₄ Calibration curve (μL)	Volum sample (μL)
Blank	2.300	200	25	0	0
Calibration curve	2.295			5	0
	2.290			10	0
	2.280			20	0
	2.270			30	0
Samples curve	2.295			0	5

The signal emitted by free radicals remaining in the sample which did not react with the antioxidants of the sample, was measured. This reaction occurs by emission of light quanta and registered by the detector (PMT). The voltage (V) is proportional with generate luminiscence in timp (s). Trolox equivalent antioxidant activity (TEAC) is a measurement of antioxidant strength, measured in units called Trolox Equivalents (TE), [nmol/sample], [38, 39].

Apparatus used: photochemiluminometer Photochem, Analytik Jena AG, Germany (Fig. 3).

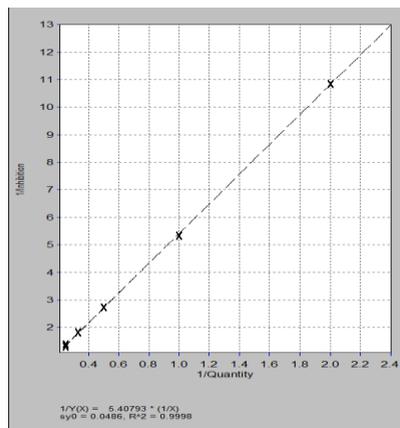


Figure 4. Trolox standard calibration curve

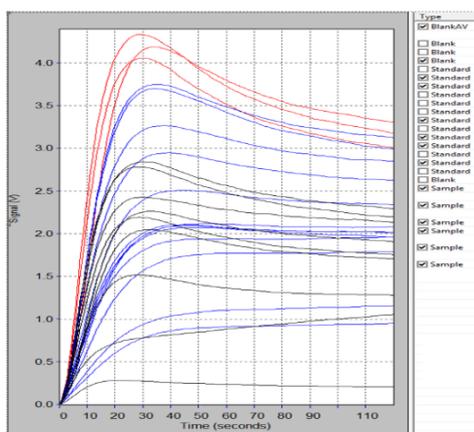


Figure 5. TEAC curves of blank, standards and samples

Results and Discussion

The results regarding the total antioxidative capacity (TEAC) of the wild cherry fruits fluid extracts, registered for the analyzed period, are presented in Table 2.

Table 2. Total antioxidant capacity (TEAC) of wild cherry fruits fluids extracts

No.	Sample	Free radicals Max. Inhibition	Total capacity antioxidant (nmol vol. equiv. Trolox/ sample)	Concentration (µg/mg)
1.	Extract 1% in 40% ethanol, stock sol.	0.846	4.630 too high	exceeds calibration curve
2.	Extract 1% in 70% ethanol, stock sol.	0.871	4.683, too high	exceeds calibration curve
3.	Extract 1% in 96% ethanol, stock sol.	0.893	4.703, too high	exceeds calibration curve
4.	Extract 10% in 40% ethanol, stock sol.	0.995	4.898 too high	exceeds calibration curve
5.	Extract 10% in 70% ethanol, stock sol.	>1	Not registered Over detection limit	Over detection limit
6.	Extract 10% in 96% ethanol, stock sol.	>1	Not registered Over detection limit	Over detection limit
7.	Extract 1% in 40% ethanol, dil. 1:2	0.475	0,632	6,327
8.	Extract 1% in 70%	0.504	0,659	6,597

	ethanol, dil. 1:2			
9.	Extract 1% in 96% ethanol, dil. 1:2	0.566	0.767	7,679
10.	Extract 10% in 40% ethanol, dil. 1:2	0.517	0.674	6,748
11.	Extract 10% in 70% ethanol, dil. 1:2	0.625	0.785	7,859
12.	Extract 10% in 96% ethanol, dil. 1:2	0.638	0.886	8,870

The highest values of the total antioxidative capacity (TEAC) of wild cherry fruits alcoholic extract from fresh vegetal product at the concentration 10% in ethanol 96% was 0.886 nmol equiv.Trolox/volum sample (8,870 $\mu\text{g}/\text{mg}$), respectively 0.767 nmol equiv.Trolox/volum sample (7,679 $\mu\text{g}/\text{mg}$) at the concentration 1% in ethanol 96%, were registered.

The decreased values of the total antioxidative capacity (TEAC) of wild cherry fruits alcoholic extract from fresh vegetal product at the concentration 10% in ethanol 40% was 0.674 nmol equiv.Trolox/volum sample (6,748 $\mu\text{g}/\text{mg}$), respectively 0.632 nmol equiv.Trolox/volum sample (6,327 $\mu\text{g}/\text{mg}$) at the concentration 1% in ethanol 40%, were registered.

The results obtained regarding the total antioxidant capacity (TEAC) of wild cherry fruits alcoholic extract, recommend the extraction of soluble substances by cold maceration in ethyl alcohol of 96% or 70% concentrations, as an optimal method of extracting valuable antioxidant compounds, with pharmaceutical/nutraceutical potential applications.

Conclusion

Up to now, the development of pharmaceutical formulations has remained restricted to individual chemical drugs, even the properties obtained by using an optimal mixture of bio-active compounds could be strongly influenced by the synergism appeared in the system. The increased total antioxidant capacity registered in the case of wild cherry fruits fluid extracts, sustain the possibility to use this valuable vegetal product as ethanolic extract in different concentration, for some new nutraceutical products obtaining.

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